

**STRONGER
RELATIONSHIPS.
BETTER
HEALTH.**

▷ TRYON DIRECT
FROM TRYON MEDICAL PARTNERS

ACCESS TO TOP QUALITY PHYSICIANS WITH TRYON DIRECT



Awarded by Business North Carolina Magazine.
Selection based on an annual survey of all physicians in NC to nominate their peers as best physicians in the state.

58 total TMP doctors represented across all 10 specialty groups, including 27 primary care physicians [TMP represents 28% of selected Internal Medicine Doctors]



Awarded by the Charlotte Observer. Charlotte locals nominate and vote on their favorite local businesses. In the Health & Wellness category, we won the award in the following category:

Physicians Group/Practice - Primary Care

HEALTHCARE LIKE YOU'VE NEVER EXPERIENCED IT BEFORE

Access the primary care physicians of Tryon Medical Partners, **the region's premier independent medical practice.**

With your Tryon Direct membership, enjoy:



A primary care physician who is not rushed



Free preventive care, including routine labs and flu vaccinations



Same-day and next-day visits for acute scenarios, with little or no wait times



Convenient access in-office, virtually, or via phone or text



Unlimited visits (\$0 preventive care; all other primary care = \$50)



Assistance locating quality, low-cost care with a specialist or hospital when needed

9 CONVENIENT LOCATIONS + ON DEMAND VIRTUAL CARE

Who can participate?

All employees enrolled on The Town of Davidson's company medical plan.

How much does the membership cost?

- **Employee: \$0**

What are your business hours?

Gastonia: Mon.-Fri. 8am – 7pm;
Sat. 9am – 2pm

All Other Locations: Mon.-Fri.
8am – 5pm

+ 24/7 nurse triage line



- BALLANTYNE -



- GASTON -



- HUNTERSVILLE -



- MATTHEWS -



- PINEVILLE -



- SOUTHPARK -



- STEELE CREEK -



- UPTOWN -



- WAVERLY -

TRYON MEDICAL PARTNERS - HUNTERSVILLE

Internal Medicine Providers

Practice Highlights

8 miles from Town of Davidson (216 S. Main St)

Other Specialties*

Endocrinology, Rheumatology, Gastroenterology,
Sleep Medicine

**Services rendered in specialties other than Primary Care
(Internal Medicine/Family Medicine Providers) will be billed to
insurance.*

Business Hours

Monday – Friday, 8am – 5pm



Elaine Campbell, DO



Jason Carnes, MD



Jenifer Ingle, MD



Kenesha Kirkland, MD



Alexis Hood, FNP-BC

HIGH QUALITY, DIRECT PRIMARY CARE IS BOTH COMPREHENSIVE & COORDINATED

Tryon Direct extends well beyond the traditional well and sick visit, covering 80% of a patients' health needs.

WELLNESS & PREVENTATIVE

This includes annual visits and physicals, coordination and support outside primary care, disease prevention, weight management, travel prophylaxis.

BEHAVIORAL HEALTH

Screening and management of all behavioral health issues, such as: anxiety, depression and other mood disorders, personality disorders, psychotic disorders.

CHRONIC CONDITIONS

This includes allergies, asthma, diabetes, high cholesterol, hypertension, prescription consultations and management.

ACUTE CARE

This includes annual same-day sick visits, 24/7 TeleMed access, ER & hospital coordination, disease treatment and management.

URGENT CARE

This includes migraines, UTIs, muscle spasms, rashes / skin issues, respiratory issues, basic lacerations, sinus infection, sprains / strains and more.

LABS

This includes A1C levels, CBC, metabolic panels lipid panels, micro albumin, PSA counts, thyroid function, uric acid, urinalysis.

PROCEDURES

This includes EKGs, flu shots, flu tests, joint injections, wound treatment, PAP smears, pregnancy tests, skin biopsies, strep tests.

PRIMARY CARE EXPENSES THAT ARE AFFORDABLE & PREDICTABLE

Individuals enrolled on the Town of Davidson medical plan must pay the full cost of medical services until deductible is met (\$2,500/\$5,000 in-network). Employees “win” financially with Tryon Direct.

Non-Preventive Primary Care, only \$50 with Tryon Direct

- Preventive care = \$0 (physical exams coded Z00.00 or Z00.01, flu shots, or COVID tests).
- Fee charged to patient’s account after any non-preventive DPC services, until deductible is met.
 - HSA account funds can be used to pay \$50 fee.
- \$50 credited towards deductible and OOP max accumulators.

Example: Individual goes to the primary care doctor with a severe cough. Referral placed for a chest x-ray, which is scheduled at a local outpatient facility. This example assumes the individual has not met their deductible.

With Tryon Direct Membership	
DPC Office Visit	\$50
Chest X-ray	\$100
Cost to Individual	\$150

Without Tryon Direct Membership	
Office Visit	\$200
Chest X-ray	\$100+*
Cost to Individual	\$300+

*X-ray costs can be \$250+ depending on place of service. No steerage without Tryon Direct, so cost savings may be higher than listed.

THE VALUE OF TRYON DIRECT EXTENDS BEYOND PRIMARY CARE. HOW?

HEALTHCARE NAVIGATION

Tryon Direct Navigators manage 100% of primary care submitted referrals and orders for members to ensure healthcare is consumed appropriately and at the lowest cost/highest quality place of service.

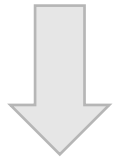
Imaging Type	With Tryon Direct	Without Tryon Direct	% Variance
	Low Cost	Potential Cost	
MRI, Brain	\$640	\$2,900	453%
Chest X-ray	\$100	\$265	265%
Foot X-ray	\$30	\$300	1,000%
Ultrasound, Abdomen	\$132	\$837	634%

READY TO GET STARTED? IT'S EASY!

1

SIGN UP!*

Fill out our simple enrollment form.



2

SCHEDULE YOUR FIRST VISIT!

Scheduling available online or via phone.



Steps to Schedule Online:

1. Select Desired Location
2. Select "Book Appointment"
3. Select "Tryon Direct Member" Patient Type
4. Select Visit Reason (New Patient or Established)
5. Select Desired Date & Time

***\$250 INCENTIVE FOR ENROLLMENT**
(PAID OUT AFTER 1ST VISIT AT TRYON)

If you have any questions, we're here for you.

Phone: 704-626-6700 Email: memberservices@tryondirect.com